# SEP/OCT 2015 VOLUME 8 ISSUE 5 Regal Insider





On Sunday, October 25, 2015, Hankey Law Office and Heartland Endurance Sports will host a 5K/10K/15K race to benefit KEY Consumer Organization.



Join us on October 25th, for a chip-timed run at historic Ft. Harrison State Park.

All proceeds for the 2015 Stomp Out the Stigma Run will benefit

KEY Consumer. The mission of Key Consumer Organization is to protect the rights of individuals with psychiatric disorders. They also work to educate the public and to end discrimination against persons with mental illness. KEY Consumer Organization unites its efforts with other organizations and individuals concerned about themselves or loved ones being treated by mental health professionals.

We would love to see you at this great event! Below are the web addresses that provide additional information about the race and how you can participate.

When: October 25, 2015 @ 9:00 am - 11:00 am

When: Fort Harrison State Park (Sycamore Shelter) 6000 North Post Road Indianapolis, IN 46216

#### Learn More:

http://heartlandendurance.com/event/stomp-out-the-stigma/http://www.mapmyrun.com/routes/fullscreen/347008605/https://www.facebook.com/events/1051023304925295/

# CYMBALTA LINKED TO "BRAIN ZAPS" AND OTHER SIDE EFFECTS

People with diabetic neuropathy, fibromyalgia, depression, anxiety and chronic pain take Cymbalta, but most don't know how hard it can be to stop taking it. Withdrawal symptoms include dizziness, tunnel vision and brain zaps – shock-like sensations in the brain that come with terrible nausea and headaches that cloud mental clarity and impair the ability to perform daily tasks. These symptoms also tend to last longer than withdrawal symptoms from other medications.

Some Cymbalta users keep taking it – becoming dependent – simply to avoid these life-altering symptoms that can last weeks or months. Legal claims against Eli Lilly say that the drugmaker does not do enough to make patients aware of potential dangers associated with this medicine. The after-effects can cost people lost hours from work, dramatic medical bills and can decrease their quality of life.

Of their many claims in court documents, Plaintiffs say Eli Lilly:

• "Overstated the efficacy of Cymbalta" and "downplayed and/or failed to state the true withdrawal side effects associated with Cymbalta."

• Deceived the public by saying only one percent of users experienced withdrawal symptoms, when in reality nearly 45 percent suffered from discontinuation problems.

(...continued on page 3)

# BACK TO SCHOOL VACCINATIONS: STUDIES EASE PARENTS' CONCERNS

School is back in session and it's time to think about vaccinating your children. Each state has a list of required vaccinations your child needs to attend school. If you are in the state of Indiana, you can find this information on their website at: http://www.state.in.us/isdh/files/2015\_-\_2016\_School\_Reqs\_Chart\_WR\_9029.pdf

In the last few years, there has been much controversy in regards to getting your child vaccinated. The biggest fear people have is their child becoming Autistic. Children now receive twice as many shots then children did in the 1980s.



Some people believe that Thimerosal, a mercury-containing preservative, caused Autism in some children. However, experts believe that this is not the case. They say it is coincidental since a child receives vaccines at 12-15 months, the same time autism symptoms typically become noticeable. Autism rates continued to rise even after the removal of Thimerosal from the vaccine.

There have been many studies in major medical journals that have found no association between the MMR vaccine and Autism. Even with these studies available to parents, some people still delay shots for their kids, skipping some shots all together. As a result, there have been recent outbreaks of serious illnesses – measles, mumps and whooping cough. These illnesses have now become more prevalent in the United States.

Please check with your school district to see what immunizations your child needs. If you need assistance in getting your child immunized, please check with your local health department. In Marion County, the health department provides immunization clinics. If you have no health insurance you can get your child immunized for \$10.00.

# MEET THE NEWEST ADDITIONS TO THE HANKEY LAW OFFICE



The Hankey Law Office is expanding! Two of our attorneys have brought beautiful new bundles into this world. Attorney Ashley Marks

and husband David Marks are the proud parents of Harrison Marks, who was born on July 2.

On July 7, Attorney Stacy Crider and husband Bobby Crider became second-time parents to Maxwell Crider. All families are doing well. We are looking forward to watching these kiddos grow up!



# SOCIAL SECURITY TIP

# FROM THE DESK OF CAROLYN ECK



When applying for Social Security Disability it is so important for you to get ongoing medical treatment. You must have this evidence in order to obtain benefits from Social Security. Talk to your doctor and see if an MRI would be appropriate for your diagnosis. The more information we have to provide Social Security, the stronger your case could be. If you don't have medical insurance, you

can contact the state and request to sign up for HIP 2.0, The Healthy Indiana Plan. This program has helped many of our clients receive the proper medical treatment they need. You can contact the state at 1-877-438-4479 to see if this plan will work for you.

Applying for Social Security benefits is not a quick process. We hear almost daily how someone's neighbor or friend had a check in less than a month after applying. This is likely not the case. For the majority of people, obtaining benefits is a 3-step process. Once you apply for benefits, it takes approximately 90 days for a response from Social Security. It is not uncommon for someone to be denied at the



initial level. If that's the case, we would appeal that decision. This is called a Reconsideration. Again, it's not unusual to receive a denial at this level. The next step is that we request a hearing before an Administrative Law Judge. Right now, the local hearing office is taking approximately 16 months to schedule a hearing.

So, as you can see, Social Security is not a quick fix. However, it can provide you with long-term financial security once approved.

# RECIPE: **Pepperoni Rolls**

The kids are home from school and hungry! This is a cheap and easy snack to help curb the hunger pains.

### Ingredients:

1 tube refrigerated crescent rolls 16 slices of pepperoni, cut into quarters 2 pieces of string cheese, cut into quarters 34 tsp. Italian seasoning 14 tsp. garlic salt 1 cup marinara



## Instructions:

- 1. Unroll crescent dough; separate into eight triangles. Place eight pepperoni pieces on each. Place a piece of cheese on the short side of each triangle; sprinkle with 1/2 teaspoon Italian seasoning. Roll up each, starting with the short side; pinch seams to seal. Sprinkle with garlic salt and remaining Italian seasoning.
- 2. Place 2 in. apart on a greased baking sheet. Bake at 375° for 10-12 minutes or until golden brown. Serve warm with a side of marinara.

## Cymbalta Side Effects... (continued from page 1)

- Failed to properly warn patients about the risks.
- Benefited from patients who started taking Cymbalta again (becoming physically dependent on the drug) to avoid terrible side effects.
- Advertised the benefits of the drug, even those that were not proven.
- Produced a defective drug.

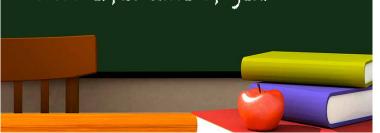
If you or a loved one is contemplating filing a Cymbalta claim, call us today for a free case review or visit us online at HankeyLaw.com.

# THE HANKEY LAW PUZZLER

See if you can figure out the summer Word Search. Words can go up, down, forward, backwards and diagonally. Good luck!

backpack bus stop classmates					experiments homework literature					math pencil teachers					
E	D	K	C	Н	0	S	P	A	L	C	S	P	P	W	
T	X	X	R	1	M	0	В	I	P	L	R	T	E	Q	
U	N	P	C	0	T	A	T	0	F	A	E	A	Q	Z	
W	L	Н	Е	S	W	Е	T	J	Z	S	Н	O	Y	S	
C	X	X	S	R	R	E	C	Н	Q	S	C	Q	U	I	
N	J	U	Y	A	1	F	M	C	Е	M	A	A	0	M	
E	В	W	T	U	V	M	В	0	K	A	E	T	G	A	
F	S	U	0	V	X	P	E	O	H	<sub>2</sub> T	T	I	A	L	
0	R	P	E	N	C	I	L	N	В	E	E	I	Y	Z	
E	I	G	G	X	Н	M	I	P	T	S	S	T	P	A	
I	O	D	T	L	G	A	Н	F	X	S	K	0	U	R	
B	Z	Í	M	N	E	E	Z	E	D	Z	T	M	I	G	
V	X	0	K	C	A	P	K	C	A	В	F	E	0	P	
P	Z	L	J	F	0	V	D	F	X	Z	J	Y	N	U	
D	В	E	Н	S	0	F	R	I	P	Y	G	Н	X	N	

You know it is time to go back to school when you hear parents singing, "it's the most wonderful time of year!"



## CLIP & SAVE: Helpful Contacts

#### Charles D. Hankey Law Office P.C.

Lockerbie Square, 434 East New York Street, Indianapolis, IN 46202 Office: 317-634-8565 | Toll Free: 800-520-3633 | Fax: 317-634-9818 www.hankeylaw.com

#### Contact us if:

- You moved to a new address or changed your phone number
- · You received a denial letter
- · You went to see a new doctor
- You have been admitted to the hospital
- Your doctor has diagnosed you with a new medical condition
- You had a new test/MRI/X-ray

#### **Additional Resources**

Information Referral Network – *317-926-HELP* Crisis Line – *317-251-7575* 

Center Township Trustees (can assist with rent, utilities, takes applications for Food Stamps, TANF, and Medicaid)
863 Massachusetts Avenue – 317-633-3610

**Healthy Indiana Plan:** low cost insurance for Indiana Families – 877-438-4479 | www.hip.in.gov

**RX for Indiana:** assistance with prescription drug cost –

877-793-0765 | www.rxforIndiana.org

**Advantage Program:** health care program for uninsured, low-income Marion County residents – 317-221-2000 | www.hhcorp.org/adv.htm **Div. of Disability & Rehabilitative Services (DDRS)** – 800-545-7763

www.in.gov/fssa/ddrs/4938.htm

**Damien Center:** help for those afflicted by HIV/AIDS – 317-632-0123 | 800-213-1163 | www.damien.org

**Indiana Free Clinic Information:** low cost or free health care for low-income or uninsured – *www.freeclinicdirectory.org/indiana\_care.html* 

#### **Housing Help:**

Indianapolis Resource Center for Independent Living – 317-926-1660 Colonial Park (chronic homeless program) – 317-353-6784 Indianapolis Public Housing Agency (section 8) – 317-261-7200 Barton Center (sleeping rooms - \$278, 2 bedrooms \$500-613) – 317-423-2575

You can apply for Social Security disability benefits by calling 1-800-772-1213, online at www.ssa.gov, or in person at your local office

#### Indianapolis Area Local Social Security Office Addresses\*:

West Side: 6745 Network Place - 866-218-2309

**Downtown:** 575 N. Pennsylvania, Suite 685 – 866-931-7057

East Side: 5515 N. Post Rd. - 866-220-7899

\*If you live outside of the Indianapolis area, please ask a Case Administrator for the address and phone number to your local social security office.

# GET CONNECTED ONLINE

It's easy for you to stay connected with the Hankey Law Office online. You can like us on Facebook, follow our tweets, meet us on Google+, and watch our videos on YouTube.











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## CHARLES D. HANKEY LAW OFFICE P.C.

WITH 80 YEARS OF COMBINED EXPERIENCE, BOTH IN AND OUT OF THE COURTROOM, THE LEGAL PROFESSIONALS OF THE CHARLES D. HANKEY LAW OFFICE CAN RESOLVE CASES INVOLVING:

- DISABILITY CLAIMS (SSD/SSI)
- Long Term Disability
- SHORT TERM DISABILITY
- Worker's Compensation
- EMPLOYMENT LAW
- Workplace Discrimination
- Wage & Hour Issues
- Insurance Law
- Personal Injury

- CAR ACCIDENTS
- Truck Accidents
- MOTORCYCLE ACCIDENTS
- BICYCLE ACCIDENTS
- RAILROAD CROSSING/

TRAIN ACCIDENTS

- AIRPLANE ACCIDENTS
   HIGHWAY DEFECTS
- Workers' Compensation

- Premises Liability
- PRODUCT LIABILITY
- Brain/Head Injuries
- Spinal Injuries
- Dog Bites/Animal Attacks
- CHILD INJURIES
- Construction Accidents
- BURN INJURIES
- Drowning



# EMPLOYEE SPOTLIGHT: Logan

ogan is one of the new Case Administrators at the Hankey Law Office. A native of Indianapolis, he returned to the city after getting a degree in history from Indiana University. His hobbies include hiking, camping, reading, and cooking. He spends his free time trying to be a foodie on a budget and convincing a lemon tree to grow in Indiana.

Past results afford no guarantee of future results. Every case is different and must be judged on its own merits. The contents of this newsletter do not constitute legal advice.

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	From the Desk of Charles D. Hankey

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