



CHARLES D. HANKEY LAW OFFICE P.C.

WITH 80 YEARS OF COMBINED EXPERIENCE, BOTH IN AND OUT OF THE COURTROOM, THE LEGAL PROFESSIONALS OF THE CHARLES D. HANKEY LAW OFFICE CAN RESOLVE CASES INVOLVING:

- PERSONAL INJURY
- CAR ACCIDENTS
- TRUCK ACCIDENTS
- MOTORCYCLE ACCIDENTS
- BICYCLE ACCIDENTS
- RAILROAD CROSSING/
TRAIN ACCIDENTS
- AIRPLANE ACCIDENTS
- HIGHWAY DEFECTS
- WORKERS' COMPENSATION
- PREMISES LIABILITY
- PRODUCT LIABILITY
- BRAIN/HEAD INJURIES
- SPINAL INJURIES
- DOG BITES/ANIMAL ATTACKS
- CHILD INJURIES
- CONSTRUCTION ACCIDENTS
- BURN INJURIES
- DROWNING

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Experience. Compassion. Justice.

JAN/FEB 2012
VOLUME 5 ISSUE 1

Legal Insider



EMPLOYEE SPOTLIGHT: KYLE CULMANN

Born and raised in Indianapolis, Kyle began his work with the Charles D. Hankey Law Office in April of 2011. He received his Bachelor's Degree in Psychology from the University of Indianapolis. Outside of the Hankey Law Office, Kyle co-founded Latin Expressions Dance Company, LLC. Additionally, whether in group classes or private lessons, he teaches salsa, mambo, cha-cha and more. Other than his passion for dance, Kyle enjoys movies, politics and technology.

FROM THE DESK OF CHARLES D. HANKEY

P.T.S.D, DEPRESSION, AND BRAIN INJURY IN RETURNING SOLDIERS

American troops are returning home from Iraq and Afghanistan, and many more of them are wounded and disabled than one might think. Although the Pentagon counts 47,195 soldiers physically wounded, that number is small compared to the number of soldiers returning home with the invisible ailments of post traumatic stress disorder, depression, and mild traumatic brain injury.

VA hospitals are seeing approximately 10,000 new patients with Post Traumatic Stress Disorder (PTSD) every three months. Over 200,000 Iraq and Afghanistan veterans have been diagnosed with PTSD – about 16% of all soldiers who fought in those wars. These veterans may experience flashbacks, nightmares, a state of hyper vigilance, or a feeling of emotional numbness.

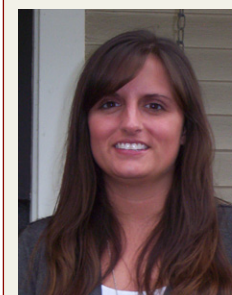
Cases of depression among Iraq and Afghanistan veterans have been increasing at a rate of 6-7% per quarter, with roughly 9,000 new cases every three months. In addition, the Pentagon has counted more than 200,000 brain injuries among current veterans, and most of those are TBI.

How is the VA handling this influx of invisible injuries? One-third of VA hospitals have wait times longer than 2 weeks for new patients to see a mental health doctor, and with more and more new troops returning home all the time, demand is only going to grow. There is also often a real or perceived stigma about seeking care for mental disorders and, in rural areas, it can be difficult to find treatment.

Disorders like PTSD, depression, and mild traumatic brain injuries can be disabling, especially if combined with a physical wound or problem. If you or a loved one suffers from these conditions, don't hesitate to contact our office for help getting the benefits you deserve.

DEFECTIVE PRESCRIPTION MEDICATIONS & MEDICAL DEVICES

By Attorney Ashley Marks



Defective prescription drugs with deadly or dangerous side effects are often rushed to the market without adequate testing, and often people are injured or die before dangerous side effects are identified by the FDA. Similarly, every year, millions of people use a variety of medical devices, believing that they are safe. Yet, defective

medical devices can leave users at risk for a variety of debilitating injuries, or even death.

Unfortunately, users of defective prescription drugs and medical devices are often unaware of the side effects these can have. In an effort to keep our clients informed, we will be highlighting several dangerous defective drugs and medical devices in each newsletter. If you or a loved one has been injured by a defective drug or medical device, the Hankey Law Office urges you to call us for a free consultation to speak to one of our attorneys about protecting your legal rights.

DePuy Hip Implant

Are you a victim of the DePuy ASR hip implant recall? Thousands of people were implanted with the DePuy ASR hip implant between 2005 and 2010, when it was finally recalled. Many of those patients experienced the premature failure of their implant within just a few years of surgery. Even those patients who have yet to experience problems with their DePuy ASR implant face

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The contents of this newsletter do not constitute legal advice. Every case is different and must be judged on its own merits. Past results afford no guarantee of future results.

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Legal Insider

SURVIVING WINTER WEATHER TIPS TO STAY SAFE AND SAVE MONEY

By Staff

Old Man Winter is bearing down on Indiana once again. This year, when bad winter weather hits, be prepared.

For Your Family and Pets

- Stay indoors during winter storms and watch your step when walking on snowy and icy sidewalks.
- Don't overexert yourself shoveling snow and risk a heart attack.
- Stay dry and change out of wet clothes to prevent loss of body heat.
- Watch for signs of frostbite including a loss of feeling and a pale appearance in fingers, toes, ears or nose.
- Bundle up and watch for signs of hypothermia including uncontrollable shivering, disorientation, slurred speech, drowsiness, and exhaustion.
- Check on elderly or disabled people who live alone to make sure they have plenty of food and heat to ride a storm out.
- Keep pets inside or in a shelter during cold spells and be sure they have plenty of water and food.
- Create a survival kit for at least three days, including bottled water, nonperishable foods for family and pets, sleeping bags or bedding, extra clothes, medicine, flashlights, a battery-powered radio, extra batteries, a first aid kit, and a manual can opener.

For Your Home

- Have your furnace and wall heaters professionally checked each year for safety.
- Keep all space heaters away from walls, curtains, and furniture to avoid a potential fire.
- Put in new batteries and test smoke detectors. If you have a gas heater, you should also have a carbon monoxide detector.
- If using a fireplace or wood stove, be sure that it's properly ventilated and screened.
- Close off unused rooms and stuff towels in cracks under doors to reduce heat loss.
- Install storm windows or cover them with plastic to keep cold air out.
- Cover any exposed plumbing fixtures and, when temperatures drop below freezing, leave them dripping to prevent burst pipes. If pipes do burst, know how to shut off water valves to prevent further damage.
- If you plan to be away, leave the heat on in your home and set to no lower than 55 degrees to prevent burst pipes.

For Your Car or Truck

- If you must drive, plan carefully, check weather and road conditions before heading out, and let someone know your route and schedule.
- Have your vehicle thoroughly checked, including tires, brakes, battery, lights, exhaust, heating and defrosting, and wipers.
- Fill your washer fluid with a nonfreezing solution and change the antifreeze if needed.
- Keep the gas tank near full to avoid ice in the tank and fuel lines.
- Make a winter storm survival kit to keep in your vehicle, including extra blankets or sleeping bags, additional warm clothing, a first-aid kit with pocket knife, non-perishable food like candy bars, a bag of sand or cat litter, a shovel, windshield scraper and brush, booster cables, and emergency flares

Have a great, safe winter...and stay warm!

HIV PATIENTS LACK RIGHT CARE

By Staff

The newest data released show that nearly ¾ of people with HIV in the U.S. aren't getting the care they need. About 20% of people with HIV don't even know they're infected. Rates of HIV infection are higher in rural areas.

If you're at risk for HIV but have never been tested, please make sure you do get tested. Free testing sites can be located by visiting www.yourstdhelp.com

RECIPE: AVOCADO EGG ROLLS

By: Kyle Culmann

Ingredients:

- | | |
|---|---|
| 1 Tbls. white vinegar | 2 Tbls. sun-dried tomatoes in oil (chopped) |
| 1 tsp. balsamic vinegar | 1 Tbls. minced red onion |
| 1/2 tsp. tamarind pulp | 1/2 tsp. chopped fresh cilantro |
| 1/2 cup honey | 1 pinch salt |
| 1 pinch ground saffron | 3 egg roll wrappers |
| 1/2 cup chopped cashews | 1 egg - beaten |
| 2/3 cup fresh cilantro | |
| 2 cloves garlic | |
| 2 green onions | |
| 1 Tbls. granulated sugar | |
| 1 tsp. ground black pepper | |
| 1 tsp. ground cumin | |
| 1/4 cup olive oil | |
| 1 large avocado (peeled, pitted, and diced) | |



Instructions:

- In a microwave-safe bowl, stir together vinegars, tamarind, honey, and saffron; microwave for 1 minute; stir until tamarind is dissolved.
- Puree tamarind mixture, cashews, 2/3 cup cilantro, garlic, onions, sugar, pepper, and cumin in a blender.
- Pour mixture into a bowl and stir in oil; refrigerate until ready to use.
- Gently stir together avocado, tomatoes, onion, 1/2 tsp. of cilantro, and salt.
- Distribute filling evenly onto center of each egg roll wrapper.
- Position a wrapper so that a corner is pointing toward you; fold the bottom corner up, 1/4 of the way over the filling; brush remaining corners and edges of the wrapper with egg; roll up from side to side; fold top corner over all and press to seal; repeat with remaining wrappers.
- Deep-fry egg rolls in 375 degree oil for 3-4 minutes, until golden brown. Drain on brown paper bags.
- Slice egg rolls diagonally across middle and serve with prepared dipping sauce.



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DEFECTIVE (continued from page 1)

an uncertain future. If you underwent hip replacement surgery since 2005 and have suffered from unexplained hip, thigh or groin pain, pain with walking, or pain with weight bearing, you may be a victim of a failed DePuy ASR hip implant. We urge you to contact one of our attorneys today to protect your legal rights.

Bisphosphonates - Side Effects, Femur Fractures

Bisphosphonates are sold under the names Actonel, Aredia, Bonafos, Boniva, Fosamax, Didronel, Reclast, Skelid, and Zometa. Most people are familiar with these drugs as osteoporosis treatments for postmenopausal women. However, they are also approved to treat a variety of other health impairments. Over the past several years, these drugs have been associated with a number of serious side effects, including femur fractures, esophageal cancer, dead jaw syndrome, arterial fibrillation, and severe musculoskeletal pain. If you or a loved one suffered one of these side effects after taking such medication, you may be entitled to compensation.

Actos - Side Effects, Bladder Cancer Risk

Actos is a medication used to treat type II diabetes. According to a study conducted by the website EHealthMe, 22,512 individuals reported side effects when taking Actos, and .22% have bladder cancer. The largest concentration were using Actos between 2-5 years before having bladder cancer, with the next largest concentration using Actos between 1-6 months. If you or a loved one is a type II diabetic that has taken Actos and has been diagnosed with bladder cancer, please contact one of our attorneys for a free consultation.

HANKEY LAW OFFICE LOCATIONS



The Hankey Law Office has two convenient locations in the Lockerbie neighborhood of Indianapolis.

Our main office is at 434 E. New York Street and our new administrative office is at 429 E. Vermont Street. For directions, please visit www.hankeylawoffice.com.

CLIP & SAVE: Helpful Contacts

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Contact us if:

- You moved to a new address or changed your phone number
- You received a denial letter
- You went to see a new doctor
- You have been admitted to the hospital
- Your doctor has diagnosed you with a new medical condition
- You had a new test/MRI/X-ray

Additional Resources

Information Referral Network – 317-926-HELP
Crisis Line – 317-251-7575
Center Township Trustees (can assist with rent, utilities, takes applications for Food Stamps, TANF, and Medicaid)
863 Massachusetts Avenue – 317-633-3610

Healthy Indiana Plan: low cost insurance for Indiana Families – 877-438-4479 | www.hip.in.gov

RX for Indiana: assistance with prescription drug cost – 877-793-0765 | www.rxforIndiana.org

Advantage Program: health care program for uninsured, low-income Marion County residents – 317-221-2000 | www.hhcorp.org/adv.htm

Voc. Rehab. Services: 317-254-6707 | www.in.gov/fssa/ddrs/4938.htm

Damien Center: help for those afflicted by HIV/AIDS – 317-632-0123 | 800-213-1163 | www.damien.org

Housing Help:

Indianapolis Resource Center for Independent Living – 317-926-1660
Colonial Park (chronic homeless program) – 317-353-6784
Indianapolis Public Housing Agency (section 8) – 317-261-7200
Barton Center (sleeping rooms - \$278, 2 bedrooms \$500-613) – 317-423-2575

You can apply for Social Security disability benefits by calling 1-800-772-1213, online at www.ssa.gov, or in person at your local office

Indianapolis Area Local Social Security Office Addresses*:

West Side: 4279 N. Lafayette Rd. – 866-218-2309

Downtown: 575 N. Pennsylvania, Suite 685 – 866-931-7057

East Side: 5515 N. Post Rd. – 866-220-7899

*If you live outside of the Indianapolis area, please ask a Case Administrator for the address and phone number to your local social security office.

With heartfelt thanks for your referrals!

Please feel free to pass this newsletter on to relatives, friends, and neighbors. Thank you!

“Be always at war with your vices, at peace with your neighbors, and let each new year find you a better man.”

–Benjamin Franklin